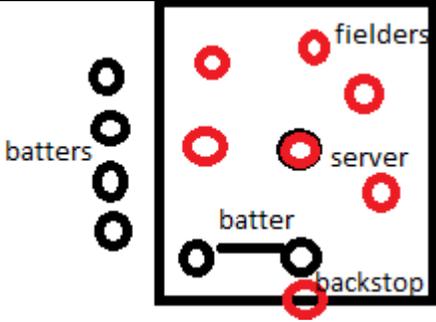


Bats and Balls

End of Unit Goals - Children can throw, catch and bat a ball with increasing control.

Date	Objective	Outcome	Session	Resources	Key Vocabulary
Lesson 1	Assessment - Cold Task		<p>Warm up- Jump start johnny stamina clips- repeat the same clips so we can monitor our stamina. Provide children with a range of balls. Can they throw them in the air and catch them. Allow children to explore. Can they throw with one hand to the other hand. Can they catch with their least strong hand.</p> <p>Teach- Talk about the importance of safety and set out clear rules. Model how to hold the tennis racquet. Practise holding it, which way feels best to the child? practise a safe swing without balls.</p> <p style="background-color: #FF00FF;">Assessment - Allow the children time to explore and use the new equipment safely. Give them light balls, can they bat the ball up and down in the air. Can they walk around balancing the ball on the racquet? Let them try in pairs. Can they hit it back wards and forwards. Can they hit the ball off a wall and return it with the racquwt? Can they keep it going? Record using Swivl to play back to the children.</p> <p>Plenary - Show children the Swivl recording and discuss what skills children think they demonstarted. What skills do we need to work on this half term?</p>	<ul style="list-style-type: none"> • Swivl 	<ul style="list-style-type: none"> • Stamina • Tennis • Safety • Tennis ball • Control • Balance • Dominant hand
Lesson 2	<p>I can develop hitting skills with a variety of bats</p> <p>I can start a game by serving the</p>	<p>Children will hit a ball using a variety of bats.</p>	<p>Warm Up- Jump start johnny stamina clips- repeat the same clips so we can monitor our stamina. freeze tag. Pick to children to tag others. The class do not know who they are. They are then to tag others. Children to freeze if tagged but can be released by a high 5.</p> <p>Recap- Talk about the importance of safety and set out clear rules. Model how to hold the cricket bat. Practise holding it, which way feels best to the child? Practise a safe swing without balls.</p> <p>Teach- Model how to feed the ball to the child with the cricket bat. Child to</p>	<ul style="list-style-type: none"> • Cricket bats • Light balls • Spots • Hoops • Exercise spots. 	<ul style="list-style-type: none"> • Stamina • Cricket bat • control • Balance • Dominant hand • Feed • Serve • Turn • Under arm

	ball.		<p>return it with the bat.</p> <p>Apply- In small groups, children to practise hitting the ball with the cricket bat. Serve with an under arm throw. Children to throw form closer if needed.</p> <p>Cool Down- Place stretches in hoops. Children to walk around the room. When they whistle blows find a hoop and do that stretch. Use spots with stretches on them.</p>		<p>throw</p> <ul style="list-style-type: none"> • Batter • Serve
Lesson 3	<p>I can play the role of wicket keeper or backstop</p> <p>I can work in small groups to field</p>	<p>Children will be able to play a team game.</p>	<p>Warm up- Jump start johnny stamina clips- repeat the same clips so we can monitor our stamina. Jump Start Johnny dance clip</p> <p>Recap- In small groups, children to practise hitting the ball with the cricket bat. Serve with an under arm throw. Children to throw form closer if needed.</p> <p>Teach- Look at the role of the back stop/wicket keeper. Where do they go. Show the children they go behind the batter to stop the ball if it is missed, they then throw the ball to the server. Model this with a group of children. Practise in small groups. Think about how we would stop the ball if we hit it, introduce fielders, there job is to get the ball back to the server by throwing it.</p> <p>Apply- Introduce modified game, split class into two teams. One to bat and one to field. One to bat at a time. The rest of the batter sit and take their turn. Fielders to get the ball back to the server before the child batting gets back to base. Point for each run there and back they do. (see sheet in resources)</p>	<ul style="list-style-type: none"> • Cricket bats • Light balls • Spots • Hoops • Exercise spots 	<ul style="list-style-type: none"> • Stamina • Cricket bat • Control • Balance • Dominant hand • Feed • Serve • Turn • Under arm throw • Batter • Serve

			 <p>Cool down- Sleeping lions- children to lie down and stretch all body parts, breathe deeply. When fully relaxed, tap children on shoulder to line up.</p>		
Lesson 4	<p>I can work in small groups to field</p> <p>I can make choices about where to hit the ball</p> <p>I can run in a game to score points</p>	<p>Children will be able to participate in a team game.</p>	<p>Warm up- Jump start johnny stamina clips- repeat the same clips so we can monitor our stamina. Throw and catch a small ball in partners.</p> <p>Recap- Look at the rules of our modified cricket game, recap positions. Practise batting the ball if need be. Can children catch a batted ball.</p> <p>Teach/Apply- Coach through a game of cricket.</p> <p>Cool down- Run around the hall in space, slow down gradually every time the teacher blows the whistle. Repeat until the children are at a stop. Close eyes and deep breathing until calm.</p>	<ul style="list-style-type: none"> • Cricket bats • Light balls • Spots • Hoops • Exercise spots 	<ul style="list-style-type: none"> • Stamina • Cricket bat • Control • Balance • Dominant hand • Feed • Serve • Turn • Under arm throw • Batter • Serve
Lesson 5	<p>I can work in small groups to field</p> <p>I can make choices about where to hit the ball</p>	<p>Children will be able to participate in a team game.</p>	<p>Warm Up- Jump start johnny stamina clips- repeat the same clips so we can monitor our stamina.</p> <p>Apply/teach- As above, allow children time to play the game.</p> <p>Cool down- Children start off walking around the room, as you shout out poses they have to freeze in them for 3 seconds. For example, you could shout:</p> <ul style="list-style-type: none"> • Balance on one foot • Crouch on hands and knees 	<ul style="list-style-type: none"> • Cricket bats • Light balls • Spots • Hoops • Exercise spots. 	<ul style="list-style-type: none"> • Stamina • Cricket bat • Control • Balance • Dominant hand • Feed • Serve • Turn • Under arm

	I can run in a game to score points	<ul style="list-style-type: none"> • Sit on bottoms • Freeze like a soldier and stand up straight • Pretend to be asleep - stay there, deep breathing until relaxed and calm. 		throw <ul style="list-style-type: none"> • Batter • Serve
Lesson 6	End of Unit Goals - Children can throw, catch and bat a ball with increasing control.	<p>Warm Up - Mirroring - Each child finds a partner. Choose one partner to start doing various motions/exercises They can kick, move their harms, spin around, or do any other motions. The child's partner will try to mirror their motions. Swap after a couple of minutes.</p> <p>Assessment - Assessment - Allow the children time to explore and use the new equipment safely. Give them light balls, can they bat the ball up and down in the air. Can they walk around balancing the ball on the racquet? Let them try in pairs. Can they hit it back wards and forwards. Can they hit the ball off a wall and return it with the racquwt? Can they keep it going? Record using Swivl to play back to the children.</p> <p>Plenary - Children to watch the Swivl recording back. What skills have they demonstrated? Together as a class make a mind map of skills that have been learnt this half term.</p>	<ul style="list-style-type: none"> • Swivl • Ipad 	<ul style="list-style-type: none"> • Stamina • Tennis • Safety • Tennis ball • Control • Balance • Dominant hand • Feed • Return • Under arm throw • Batter • Serve