

Dodgeball - Intercepting a Ball

End of Unit Goal -Children will use a range of simple tactics for attacking and defending when participating in team games.

Objective (s)	Outcome	Session	Resources	Key Vocabulary	
1	Cold Task -Assessment Session focussing on intercepting a ball.	<p><u>Warm up</u> - Children to move around the room in a variety of ways: jog, run, tip toe, stretch up high, jump, and hop. Children to stop when teacher calls out freeze.</p> <p><u>Assessment</u> - Children to be put into two teams to play a game of dodgeball. Teacher to record the game using Swivl to play back to the children.</p> <p>Plenary - Play the recording back to the children. What did they do well? What do we still need to work on? What other skills do we need to have in dodgeball? Discuss how we can dodge the ball.</p>	<ul style="list-style-type: none"> • Balls • Cones • Bibs • Swivl 	<ul style="list-style-type: none"> • Dodgeball • Team • Winner 	
2	I am beginning to perform simple dodging techniques such as ducking.	Children will be able to dodge a ball by ducking.	<p><u>Warm up</u> - Teacher to model a variety of stretches to the children. Children to copy. Can some children come up with their own stretches to model to the class for them to copy?</p> <p><u>Recap</u>- What do we know about throwing and catching? Children to have a turn of each type of throw we have learnt with a partner.</p>	<ul style="list-style-type: none"> • Balls • Cones • Bibs 	<ul style="list-style-type: none"> • Throw • Catch • Over arm throw • Bounce throw • Chest

			<p><u>Teach</u> - think about what else we need to be able to do when playing dodgeball. Think about ways in which we can dodge. Look at how to move out of the way of a ball. Model having a ball thrown at you. What did I do to dodge the ball? Children to work in pairs to dodge the ball. Can they think of a variety of ways to dodge the ball? E.g. duck?</p> <p><u>Apply</u> - Children to practice dodging the ball. Play Mud Monsters. Give a ball to 5 children, these children will be 'on'. Children to run around the hall, the 5 children who are on need to throw the ball at the other children trying to hit them.. If a child is hit with a ball they become 'stuck in the mud' and must stand with their arms out to the side until another child runs under their arms to free them.</p> <p><u>Plenary</u> -What have we learnt today? What can we do to successfully dodge a ball?</p>		<ul style="list-style-type: none"> pass • Dodge • Team
3	I am beginning to perform simple dodging techniques such as ducking.	Children will be able to dodge a ball by ducking.	<p><u>Warm up</u> - Play Jump Start Jonny warm up clips on the screen. Children to find a space and copy the actions on the screen. Encourage children to notice the effects that exercising is having on their bodies. What do they notice?</p> <p><u>Recap</u> -Remind the children of the work we have been doing on catching. Children to stand in a circle. The ball can be thrown to anyone whose name is shouted. Remind children they have to keep their eye on the ball in order to be ready to catch the ball. If someone drops the ball they are out. Begin to add multiple balls to the circle to be thrown. Ask the children: why is it important to try and catch a ball in</p>	<ul style="list-style-type: none"> • Balls • Cones • Bibs 	<ul style="list-style-type: none"> • Throw • Catch • Over arm throw • Bounce throw • Chest pass • Dodge • Team

			<p>dodgeball?</p> <p><u>Teach</u> - How can we dodge a ball? Ask children to suggest and model different ways of dodging a ball. Children to work in pairs to practice dodging a ball that is coming towards them.</p> <p><u>Apply</u> - Children to be split into two teams to play a game of dodgeball. Remind children of the rules of the game, Encourage children to use the ways that they have been learning to dodge and catch the ball.</p>		
4	<p>I can catch a medium sized ball.</p> <p>I can apply a variety of techniques to dodge a ball that is coming towards me.</p>	<p>Children will be able to catch a medium sized ball.</p> <p>Children will be able to dodge a ball that is coming towards them.</p>	<p><u>Warm up</u> - Children to move around the room in a variety of ways: jog, run, tip toe, stretch up high, jump, and hop. Children to stop when teacher calls out freeze.</p> <p><u>Recap</u> - Children to practice dodging the ball. Play Mud Monsters. Give a ball to 5 children, these children will be 'on'. Children to run around the hall, the 5 children who are on need to throw the ball at the other children trying to hit them.. If a child is hit with a ball they become 'stuck in the mud' and must stand with their arms out to the side until another child runs under their arms to free them.</p> <p><u>Teach</u> - How can we decide if we need to dodge or catch a ball? What will happen if we try to catch a ball that we needed to dodge? Children to work with a partner to practice catching or dodging a ball.</p> <p><u>Apply</u> - Children to be split into two teams to play a game of dodgeball. Remind children of the rules of the game, Encourage children to use the ways that they have been</p>	<ul style="list-style-type: none"> • Balls • Cones • Bibs 	<ul style="list-style-type: none"> • Throw • Catch • Over arm throw • Bounce throw • Chest pass • Dodge • Team

			learning to dodge and catch the ball.		
5	<p>I can catch a medium sized ball.</p> <p>I can apply a variety of techniques to dodge a ball that is coming towards me.</p> <p>I can play an active part in a competitive game of dodgeball.</p>	<p>Children will be able to catch a medium sized ball.</p> <p>Children will be able to dodge a ball that is coming towards them.</p> <p>Children will take part in a competitive game and know what it means to be a team player.</p>	<p><u>Warm up</u> - Teacher to model a variety of stretches to the children. Children to copy. Can some children come up with their own stretches to model to the class for them to copy?</p> <p><u>Recap</u> - Remind the children of the work we have been doing on catching. Children to stand in a circle. The ball can be thrown to anyone whose name is shouted. Remind children they have to keep their eye on the ball in order to be ready to catch the ball. If someone drops the ball they are out. Begin to add multiple balls to the circle to be thrown. Ask the children: why is it important to try and catch a ball in dodgeball?</p> <p><u>Apply skills taught in this unit:</u> Children to be split into two teams to play a game of dodgeball. Remind children of the rules of the game, Encourage children to use the ways that they have been learning to dodge and catch the ball.</p>	<ul style="list-style-type: none"> • Balls • Cones • Bibs 	<ul style="list-style-type: none"> • Throw • Catch • Over arm throw • Bounce throw • Chest pass • Dodge Team
6	Hot Task - Assessment Session	<p>End of Unit</p> <p>Goal - To be able to use a range of simple tactics</p>	<p><u>Warm up</u> - Children to move around the room in a variety of ways: jog, run, tip toe, stretch up high, jump, and hop. Children to stop when teacher calls out freeze.</p> <p><u>Assessment</u> - Dodgeball tournament (Teacher to observe games and assess how skills are applied)</p>	<ul style="list-style-type: none"> • Balls • Cones • Bibs • Swivl 	<ul style="list-style-type: none"> • Throw • Catch • Over arm throw • Bounce throw • Chest pass • Dodge

		<p><i>for attacking and defending when participating in team games.</i></p>			<ul style="list-style-type: none">• Team
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