

Grindon Infant School Menu - February 2022

Please circle either a yellow, blue or red box for each day of the week for week 1, 2 and 3. Please also select type of sandwich. You don't need to choose vegetables or desserts, children do this each day.

WEEK 1	Meat Free Monday	Fun Food Tuesday	Roast Dinner Wednesday	Best of British Thursday	Fish Friday
Main Meal	Margarita Pizza Herby Diced Potatoes	Beef and Cheese Meatballs Served In A Tomato Sauce	Roast Chicken Crispy Roast Potatoes	Minced Beef Pie with a Puff Pastry Top Creamed Potatoes	Gluten Free Fish Fingers Chips
Non Meat Option	Veggie Keema Curry Boiled Rice	Quorn Meatballs Tagliatelle / Herby Bread	Quorn Fillet Served with a Yorkshire Pudding Crispy Roast Potatoes	Vege Mince Pie Creamed Potatoes	
Vegetables	Baked Beans Mixed Vegetables	Green Beans	Broccoli	Glazed Carrots	Garden Peas
Filling Station	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise
Desserts	Belgium Waffle Served With Cherries and Ice Cream	Clementine Sponge served with Custard	Chocolate Orange Mousse served with Shortbread Finger	Apple Struesal Muffin	Orange and Ginger Biscuit
Selected Fresh Fruit, cheese and biscuits & Yoghurt available as a daily alternative					
Drinks	Blackcurrant Juice	Orange Juice	Orange Juice	Blackcurrant Juice	Milk

WEEK 2	Meat Free Monday	Fun Food Tuesday	Roast Dinner Wednesday	Best of British Thursday	Fish Friday
Main Meal	Tomato and Basil Pasta Garlic Bread Slice	Beef Lasagne Tomato Bread	Roast Beef Yorkshire Pudding Wrap Crispy Roast Potatoes	Sausage Baguette Hash Browns	Fish Fingers Chips
Non Meat Option	Savoury Cheese Quiche Baby Boiled Potatoes	Vegetable Lasagne	Quorn Yorkshire Pudding Wrap	Quorn Sausage baguette	
Vegetables	Mixed Vegetables Green Beans	Sweetcorn	Savoy Cabbage	Baked Beans	Mushy Peas
Filling Station	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise
Desserts	Fresh Fruit Salad Frozen Fruit Yoghurt	Rice Pudding Served With Fruity Flapjack Finger	Lemon Doughnut Muffin	Strawberry Jam Traybake served with Custard	Chocolate Oat Cookie served with an Apple Wedge
Selected Fresh Fruit, cheese and biscuits & Yoghurt available as a daily alternative					
Drinks	Blackcurrant Juice	Orange Juice	Orange Juice	Blackcurrant Juice	Milk

WEEK 3	Meat Free Monday	Fun Food Tuesday	Roast Dinner Wednesday	Best of British Thursday	Friday
Main Meal	Cheese Pizza Herby Diced Potatoes	Beef and Broccoli Grill Seasoned Potato Wedges	Roast Chicken and Stuffing Crispy Roast Potatoes	Pork Sausage and Yorkshire Pudding Creamed Potatoes	Fish Fingers Chips
Non Meat Option	Vegetable Enchaladas Herby Diced Potatoes	Vegetable Burger served in a bun	Quorn Fillet	Quorn Sausage And Yorkshire Pudding	
Vegetables	Mixed Vegetables Baked Beans	Green Beans	Carrot and Cauliflower Mix	Broccoli	Pea And Sweetcorn Mix
Filling Station	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise	Sandwich Cheese, Ham, Tuna or Egg Mayonnaise
Desserts	Marbled Chocolate Muffin	Jam And Cream Scone	Iced Sponge Served with Custard	Apple Crumble Traybake Served With Custard	Fresh Fruit and Jelly Served With Ice Cream
Selected Fresh Fruit, cheese and biscuits & Yoghurt available as a daily alternative					
Drinks	Blackcurrant Juice	Orange Juice	Orange Juice	Blackcurrant Juice	Milk