

STORY EXPLORERS



Celebrating International Women's Day Rebel Women of Sunderland - Abbie Robinson

Written by Jessica Andrews and illustrated by Kathryn Robertson

We are delighted to share our very special International Women's Day edition of Story Explorers with you. This month we're linking with Sunderland Culture's Rebel Women of Sunderland project and celebrating a remarkable woman from Sunderland, Abbie Robinson.

Abbie is a British paraclimbing world champion, and the first blind woman to ever represent Britain in a climbing competition. You can read Abbie's story and see the wonderful illustration on the Sunderland Culture website [here](#).

You can watch the Story Explorer's film [here](#).

This month we're thinking all about achieving our dreams and being our best selves!

Draw Your Best Self

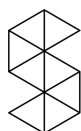
In the video, Ashleigh and Sarah ask us what we would like to be or do when we grow up:
*A writer, a musician, an astronaut?
Or a doctor, a scientist, a teacher?*

Whatever it may be, just like Abbie you can too can achieve your dreams!

Using the template below, can you and draw a self-portrait of your best self now, and then a self-portrait of you and what you want to be when you grow up.

Think about how you would feel, where you would be, what and who you might have with you.

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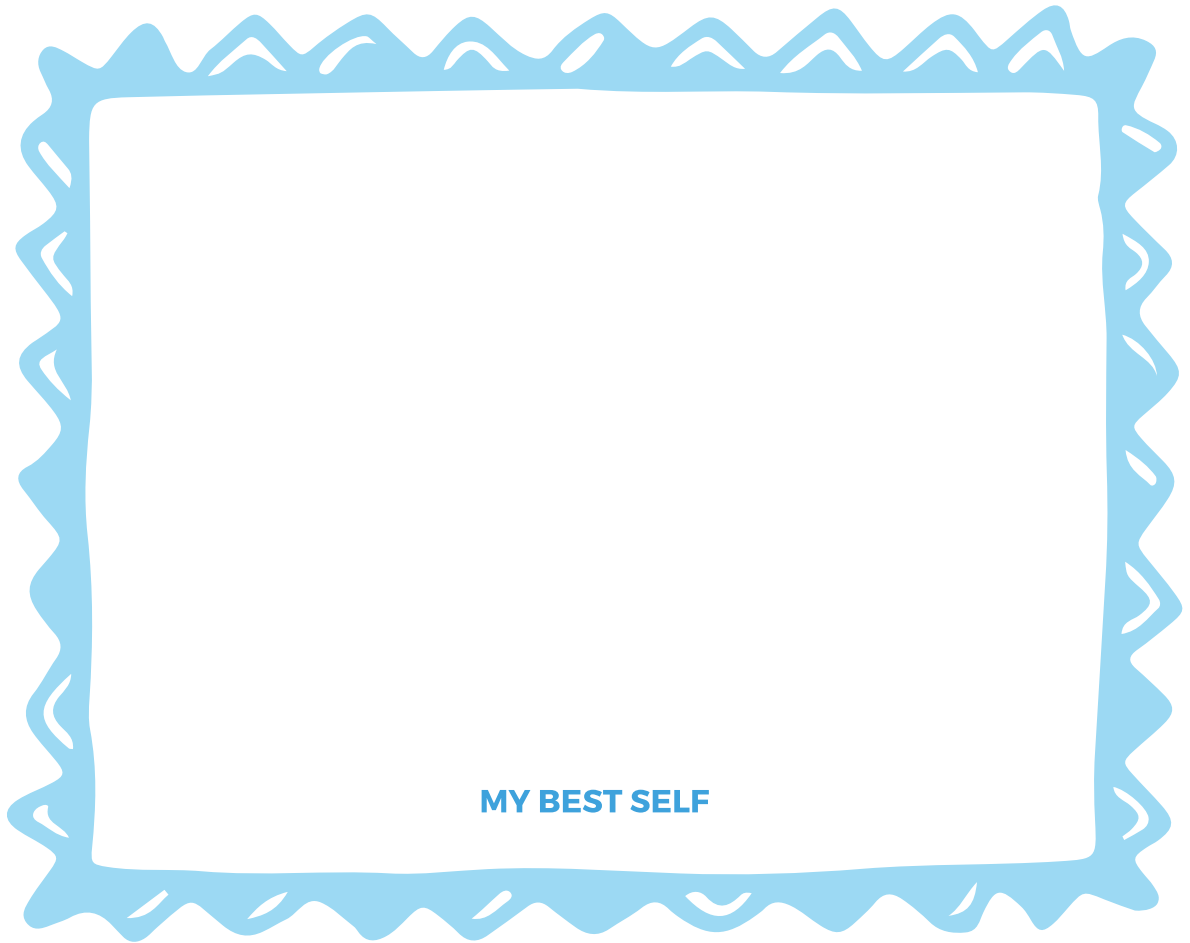


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Draw Your Best Self!



Story Explorers Sing Along

We hope you enjoyed the songs in the Story Explorers film, which were written by the brilliant musicians Ashleigh Lowes and Sarah Fisher. Can you sing along at home?

Hear the Sound

Nothing's gonna stop us now
Reaching high
Up to the sky
No matter what your ability
You can be who you want to be

Clap your hands and stamp your feet
Listen to your heartbeat
Clap your hands and stamp your feet
Look around and hear the sound

You should be, just yourself
Love and kindness is the best
Any moment you can see
Anything you dream to be

Clap your hands and stamp your feet
Listen to your heartbeat
Clap your hands and stamp your feet
Look around and hear the sound
Clap your hands and stamp your feet
Listen to your heartbeat
Clap your hands and stamp your feet
Look around and hear the sound

Believe in Yourself

Believe in yourself
Nothings gonna stop us being our self
You're braver than you think
Stronger than you feel
Smarter than you think, believe in yourself

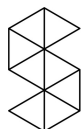
Reaching for your dreams
Nothings gonna stop us reaching our dreams
It takes a little courage
Determination too
You are not alone, to reach your dreams

Today is the perfect day
So, start living it your way
Tomorrow and the next day too

Believe in yourself
Nothings gonna stop us being our self
You're braver than you think
Stronger than you feel
Smarter than you think, believe in yourself

Story Explorers is a partnership project from Sunderland Music Hub, Sunderland Museum & Winter Gardens and Sunderland Libraries Services. It brings together storytelling and singalongs with some of the wonderful collections at Sunderland Libraries Services and Sunderland Museum and Winter Gardens.

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